

HEALTH CARE AIDE CRITICAL ELEMENTS CHECKLIST

1. Handwashing
2. Gloving
3. Isolation Procedures
4. Moving, Positioning & Transferring
5. Using a Mechanical Lift
6. Range of Motion Exercises
7. Bedmaking
8. Bathing
9. Providing Female Perineal Care
10. Providing Male Perineal Care
11. Back Massage
12. Oral Hygiene
13. Assisting with Meals
14. Giving and Removing a Bedpan
15. Applying a Condom Catheter
16. Emptying a Urine Drainage Bag
17. Collecting a Routine Urine Specimen
18. Collecting a Stool Specimen
19. Emptying & Cleaning an Ostomy Appliance
20. Deep Breathing Exercises
21. Collecting a Sputum Specimen
22. Applying Compression Stocking